

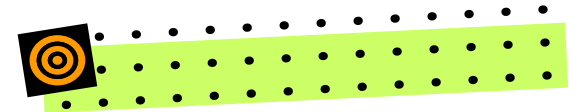
Other Info

- ▶ Our amazing volunteers (those wearing a badge with their names on) are happy to help you if you need anything. Contact us at RiseandShine@smbr.org.uk if you have concerns, questions or feedback.
- ▶ We allow photography as long as you make sure it's just your child in the shot.
- ▶ In case of an emergency our fire exits are the glass doors onto the Common, just push them open.
- ▶ Visit www.smbr.org.uk for more information about activities on offer for children and families.



St Mark's, Battersea Rise, London
SW11 1EJ

Phone: 020 7223 6188
E-mail: RiseandShine@smbr.org.uk



▶ **All
about**



St Mark's, Battersea Rise, London, SW11 1EJ

Welcome to Rise & Shine

Rise & Shine is a playgroup run by volunteers on **Wednesday 10am to 11:30 am** in school term time. Our purpose is to provide a caring environment where families from the community can meet and enjoy a free play time.

We aim to provide a safe place for children to play and build their confidence and social skills, whilst also offering parents and carers the opportunity to expand their social circles and build positive relationships.

Our sessions are structured as follows:

- 10 - Registration
- 10.15 - Snack time (coffee & cake for adults and healthy snacks for the children)
- 10.30 - Free play/ Craft
- 11.05 - Tidy up time
- 11.15 - Singing
- 11.30 - End of session



If you want to be part of our Rise & Shine community, and access the playgroup, please complete the registration form on our website www.snbr.org.uk/riseandshine and send it to Riseandshine@snbr.org.uk. Once you have filled it in we will add you to the members list on the first week after the following half term break (details on our website) and you will receive a weekly email through which you will be able to book your online ticket via Eventbrite.

We hope you enjoy your time with us!

The Rise & Shine team

Member Guidelines

Active participation:

We welcome mums, dads and carers who truly want to be active members of the Rise & Shine community and make the experience fun! We would love it if you could help by **tidying up, serving the snacks and bringing a cake** from time to time as well as **participating during the singing time** (please avoid chatting with other adults and join us singing).



Looking after your child:

Parents and carers are responsible for their children at all times. Please supervise your child(ren) so that everyone can play safely.



Let's stay healthy:

If you or your child has been unwell, we would kindly ask you to behave as you would for a day nursery, leaving a minimum of 48hrs after the end of diarrhoea and vomiting episodes; or until spots have cleared up from chickenpox, for example.



Leaving early:

We encourage people to stay until Rise & Shine finishes at 11:30. We understand that sometimes this is not possible. If you have an urgent reason and need to leave early please do it after snack time, and before the singing.



Fees:

We asked for a small fee to help towards the cost of running Rise & Shine, payable on the door.



Golden Rules for Children

Kind Hands and Feet:

Using our hands and feet to be kind to others, not to hurt our friends and the adults at playgroup.



Participating:

Helping the adults to tidy up before snack time and sing along to the rhymes.



Listening Ears:

Making sure we listen to others, and when we need to hear something important.



Sharing and Taking Turns:

Playing and eating together nicely, letting others have a go with play equipment.



Indoor Voices:

Remembering not to shout, or raise our voices, indoors.



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